

Book Recommendations for Parents from OT

Compiled by Linda Cammaroto, OTR/L

Normal Child Development

Why Motor Skills Matter, Activities for the Motor and Sensory Systems, Developmental Benchmarks and Concerns, checklists for keeping your child on track from birth to age 5, by Tara Losquadro Liddle, M.P.T. (available Barnes and Noble)

The Gesell Institute of Human Development continues to put out books on child development. Your One-Year-Old, Your-Two-Year Old. One for each year of a child's life up to about 7, I believe. They are available at most bookstores or can be purchased on Amazon.com. Author is Louise Bates Ames, PH.D. (A favorite of mine)

Games to Play with Toddlers, by Jackie Silberg

Simple Steps, Developmental Activities for Infants, Toddlers, and Two-Year-Olds, by Karen Miller (another favorite of mine)

Sign Language

Baby Sign language Basics, Early communication for Hearing Babies and Toddlers, by Monta Z. Briant.

Born2Sign.com (free website with baby sign).

Signing Time: My First Signs Video: Signing Time is a sign language video series for hearing infants and children that teaches them basic American Sign Language (ASL) in a fun and memorable way. Available at: <http://www.signingtime.com/>

Children with Special Needs

The Challenging Child, Understanding, Raising and Enjoying the Five "Difficult" Types of Children, by Stanley I. Greenspan, M.D.

Including The Special Needs Child, Activities to Help All Students Grow and Learn, by Grace Bickert (lots of fun activities for children 2 to 6, as well as information on learning styles and classroom strategies).

Sensory Integration Dysfunction (DSI)

The Out-of-Sync Child, by Carol Stock Kranowitz, M.A.

The Out-of-Sync Child has Fun, by Carol Stock Kranowitz, M.A.

The Goodenoughs Get in Sync, by Carol Stock Kranowitz (my favorite book).

Autism

The Child with Special Needs, Encouraging Intellectual and Emotional Growth, by Stanley Greenspan, M.D., and Serena Wieder, PH.D.

The Autistic Spectrum Parents' Daily Helper, A workbook for You and Your Child, by Philip Abrams, and Leslie Henriques, M.P.H. (lots of practical information, available at Barnes and Noble, and Amazon.com).